

Post Injection Care – Fillers



Specific recommendations for after soft tissue augmentation (fillers):

It is not atypical for clients to experience some asymmetry in tissue texture for several days post injection. This represents your body's reaction to the mild trauma of the injection device. The molecular properties of the formula injected also has characteristics that naturally attract water.

Treatment areas that tend to be associated with post-therapy swelling (edema) include lip and under eye. We typically see clients with at least 30-45% more volume of lip area than what will persist post treatment. The appearance as opposed to the tactile sensation is most important in evaluating the need for further manipulation.

- 1) Please ice treatment area to your level of comfort to decrease swelling. Please do not hold ice directly onto delicate tissue, a light gauze pad is a safer technique to prevent thermal injury.
- 2) Gentle pressure to a fresh bruise allows your healing mechanisms to be activated.
- 3) Other modalities: therapies such as topically applied or systemic ingested arnica are therapies that may offer benefit.

When to call your aesthetic team:

If there is visible asymmetry of texture changes that persist after 3-5 days, **BE ABSOLUTELY CERTAIN TO HAVE YOUR INJECTION SPECIALIST MANIPULATE THE TISSUE BEFORE 7-14 DAYS.** After this time the product is less malleable.

Injectable services are typically well tolerated. Immediate reasons to call your aesthetic team would include signs of infection or changes in color, sensation of tissue. These are rare complications but warrant immediate action.