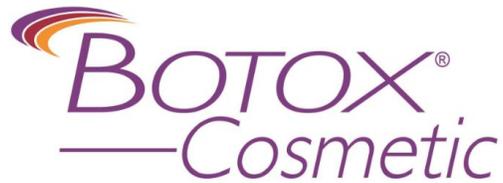


Botox® Post Injection Care



What to expect:

Injectable therapies are minimally invasive and well tolerated by most clients, but each patient varies in their individual experience.

It is not atypical to experience bruising, swelling, or inflammation after injectable therapies. Variables include delicacy of skin, fragile vessels, hydration status, immune function, and healing capacity.

Treatment areas most prone to these treatment effects include under the eye and lip due to the highly vascular and delicate tissue.

Botox® takes between 7-14 days to set in completely. If there is asymmetry that is undesirable 7 days after treatment, a touch-up or additional services may be necessary and this is not uncommon.

Strategies to minimize possible side effects:

- 1) Avoid all anti-inflammatory such as motrin, naproxen, aspirin for one week prior to injectable therapy. If Aspirin or blood thinners is absolutely indicated for health conditions, we would advise discussing with your physician and consulting with your aesthetic physician first. Never stop such medications or have invasive procedures without consultation.
- 2) Consider holding nutraceuticals such as fish oil or ginseng which may impact bleeding.

Specific recommendations for post-Botox® care:

The injection is strategically placed into the muscular tissue and specific techniques have been used to avoid diffusion. The technique and concentration reduces rare possibilities of systemic diffusion but there are techniques that can further reduce those risks and ensure an effective treatment.

Visible bumps may be seen at the injection sites for a few hours.

Please avoid:

- Laying down, Please maintain a neutral position for several hours post therapy.
- Massaging the treated area and avoid hats or headbands if you treated the forehead,
- Strenuous exercise for 24-48 hours, do not raise core body temperature.
- Gentle cleansing and daily activities are permitted, do not use any abrasive exfoliants or scrubs.